



POST-SURGICAL INDICATIONS FOR BUTTOCKS AUGMENTATION

- Drainages are usually used during the first 48 hours, thus avoiding hematic collections that may irritate the sciatic nerve and cause significant postoperative pain.
- The first day the patient remains in bed and from the day after surgery the patient starts wandering to facilitate the accommodation of the prosthesis and to extend a little the muscles that will be contracted.
- It is very important to avoid wetting the scar while you have the bandage. After going to the bathroom it is advisable to clean with soap and water and then apply an antiseptic on the wound.
- You can drive after 10 days and start light exercises after the month. Heavy exercises, strength in the gluteus musculature and great flexion of the trunk during the first two months should be avoided in order to avoid that the space created for the gluteus prosthesis widens more than the order.
- After the operation, it is advisable to sleep on your stomach. In the days following the operation, you should avoid taking a seat or leaning directly on the buttocks. The results are very satisfactory and visible from day one.
- Drains will be removed between 24 and 72 hours after surgery, depending on the degree of bleeding.
- The sutures are removed around the seventh day. An anti-allergic tape is then placed over the scars, which you should wear for about three weeks.
- The bandage, if necessary, will be removed depending on the cases between the 2nd and 7th day.

The following symptoms are normal after a buttock augmentation or gluteoplasty.

- Pain in the sacrum and buttocks. This discomfort should be relieved after the third day.
- Slight rise in temperature (up to 38.3°C) in the first 48 hours.
- The drainage tubes should be filled with blood or serum.
- Small bleeding and/or serosanguinous discharge from the scar in the first 48 hours.
- The presence of edema, which causes a greater increase in the volume of the buttocks, which will progressively decrease and disappear around the 3rd month.