



## PRE- SURGICAL INDICATIONS

### → Present yourself 60 minutes before the surgery

- Cardiovascular Institute of Cesar  
(address: Carrera 16 N° 16A-42 / Barrio: Santana. Tel: 5898632 - 5715005 - 5745656).
- Erasmo Clinic LTDA (address: Carrera 19 No 4C - 72 / Tel Urgencias: 5838383).
- Buenos Aires Clinic S.A.S. (address: Cr15 14-36 P-2 / Tel: (57) (5) 5807723).

### → TAKE TO THE CLINIC

- Comfortable clothing with forward buttons.
- Low, comfortable shoes.
- Certificate of Citizenship.
- Eps card or Prepaid.
- Results of pre- surgical studies.
- Insured procedure policy (granted by Dr. Luis Alberto Guerra Araujo).
- Antiembolic stockings and/or post-surgical body and / or Bra granted by Dr, Luis alberto Guerra Araujo).
- Sanity towels, dressings.

### → Total fasting for more than 8 hours (no solids or liquids).

### → Going with a partner.

### → Nails without any kind of vanish.

### → Face without makeup.

### → Do not wear jewelry or accessories.

### → Do not smoke 3 weeks before and 3 weeks after your surgery.

### → Do not take any medication containing Ibuprofen and / or Acetylsalicylic Acid such as; Aspirin, Alka-seltzer, fruit salt.

### → Do not travel 7 days before and 7 days after the surgery, if due to force major should be necessary please notify Dr. Luis Alberto Guerra Araujo.

### → Do not consume liquor 15 days before surgery.

### → Do not perform hair removal in genital are (including wax), you can perform pubic hair cutting with scissors (2 days before surgery).

### → If you have menstrual period, use tampons and have refills.

### → If you are coming from abroad, tell the doctor when you plan to return.

### → Do not have contact with animals.

### → 7 days before your surgery you must pay the TOTAL of the value of the procedure agreed with Cambio 19.80® - Dr. Luis Alberto Guerra Araujo. Otherwise your surgery will be postponed.

### → If you believe that any information in the Medical history has not been given or is missing, please comment it is very important to know all the history of your surgery.