



POST-SURGICAL INDICATIONS FOR BREAST REDUCTION 19.80

- It is normal to feel pain in the breastbone (middle part of the chest) and ribs below the mammary gland. This pain is due to muscle movement during surgery.
- You may also feel small discomfort in the mammary glands. If that discomfort does not subside over time and instead increases, you should consult with your Specialist Physician.
- It is likely that the temperature will rise slightly (slightly up to 38.2°C (degrees Celsius) during the first two days after surgery. If the temperature rises above this figure (above 38.2 degrees Celsius), you should consult your Specialist Doctor.
- It is also normal for the drainage tubes to fill with blood or clear fluid.
- You may have swelling (edema) causing the mammary glands to increase in size. This swelling should progressively decrease. For this reason, the size of your mammary glands at the end of plastic surgery will not be the definitive size. Discuss this with your plastic surgeon. Around the third month, the size begins to reach its definitive state

Other things you should know about this plastic surgery

- You must follow the instructions of plastic surgeon Dr. Luis Alberto Guerra Araujo and the proposed treatment for the time and recommended doses. If you feel something different from what was stated in the previous section as normal, you should consult the Specialist Doctor urgently
- Drainage tubes (drains) are removed 1 to 2 days after plastic surgery, depending on the level of bleeding and/or leakage of fluid.
- Sutures are removed approximately 15 days after surgery.

→ At the end of the procedure, Dr. Luis Alberto Guerra Araujo puts a compressive bandage that helps prevent bleeding. This bandage must be left between 3 and 7 days after the plastic surgery, according to the decision of your treating doctor.

→ Once Dr. Luis Alberto Guerra Araujo removes the compressive bandage, he must use a bra that has special characteristics, which must be worn constantly during the first 30 days; that is, day and night. It can only be removed for very short periods of time.