



## IPOST-OPERATIVE INDICATIONS FOR BLEPHAROPLASTY 19.80

**To facilitate healing of the eyelids, patients should follow the following directions once they leave the clinic:**

- Apply ice wrapped in plastic and protected with gauze over the eyes during the first two days.
- Excessively hot environments should be avoided.
- Keep your head elevated.
- Clean the eyelashes with the cotton-tipped head of an ear stick, moistened with physiological serum.
- Shower with warm water from the second postoperative day, avoiding long showers or with excessively hot water. Always do not get your head wet.
- You can wash your hair from the second day of the operation, but always with your head backwards, as in a hairdresser's, trying not to wet the plasters.
- Do not wear contact lenses until the second week after the operation.
- Avoid picking up heavy objects.
- Avoid wearing eye make-up until two weeks after surgery. The eyelash mask should be postponed until the third week.